

Sturgeon School Division
Interschool Sports Committee

**Policy Guidelines
And
Regulations**

2014 - 2015



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Introduction

These Policy guidelines and Regulations are intended to assist all concerned with the provision of interschool sports activities. As such, they are subject to periodic amendments as circumstances dictate. Amendments are subject to the approval of the Interschool Sports Committee and the Administrator's Council. In accordance with Sturgeon School Division Policy C/2, "Committees of the Superintendent", the Interschool Sports Committee is a Standing Committee established by the Administrators' Council. Therefore any changes, new initiatives or undertakings of the Interschool Sports Committee shall be submitted to the Administrators' Council for approval.

Sturgeon Interschool Sports Committee Contact People 2014 - 2015

Chairperson	Joe Chapman	923-2240
Bon Accord Community School	Shannon Requa	921-3559
Camilla School	Ryan Atkins	939-2074
Gibbons School	Daryl Paziuk	923-2240
Guthrie School	Clark Booth	973-3111
Landing Trail School	Darryl Propp	923-2898
Legal School	Jason Paik	961-3791
Lilian Schick School	Dan Requa	921-2200
Morinville Public School	Shawna Walter	939-3445
Namao School	Tyler Regehr	973-9191
Oakhill School	Allan Traub	921-3011
Ochre Park School	Jackie Warmington	942-2901
Redwater School	Kevin Dorosh	942-3625
Sturgeon Composite High School	Tim Spenrath	973-3301
Sturgeon Heights School	Matt Ohm	459-3990

Philosophy

Sturgeon School Division believes the interschool sports program promotes positive, caring, healthy schools. Sturgeon School Division also believes adults who work with students in the interschool sports program must present a positive role model for the students to emulate.

Communication: For the program to be positive and healthy, cooperation and consistent communication must be maintained between parents, coaches, student athletes, and school administration.

Benefits: The program fosters school spirit in our school through peer pride and allegiance.

Student athletes benefit from learning how to work together as a team by cooperating - the greater the cooperation, the greater the competitive ability.

Parents benefit from knowing their children are involved in a program which is positive, develops self-esteem and improves their children's social, mental and physical capacities.

The Coach benefits from the added rapport and respect earned, not only from the team, but also from the total student population and the community at large. Administrators are assisted in developing a caring environment for all students. Sturgeon School Division believes all stakeholders benefit from the interschool sports program. Each season will begin with a Coach's meeting, led by the ISC rep and Admin at the respective school.

Levels of Athletic Programming

Sturgeon School Division provides three levels of athletic programming.

At **level one**, each student is involved in a mandatory curriculum of physical education as prescribed by Alberta Education.

At **level two**, each school provides an intramural program for those students who wish to participate and develop their skills.

At **level three**, the Sturgeon Interschool Sports Program exists to provide a variety of experiences to assist in the development of advanced athletic skills and attitudes in participating students. Participation in this program is a privilege, not a right. The program at each school strives to be one of athletic excellence.

Team Selection

The following are general guidelines and is by no means an exhaustive list:

1. All Junior High students are eligible and encouraged to try out for the school team.
2. Students shall be selected by the coach to represent the school.
3. The makeup of the team shall be one which increases the competitive level of the players for the present season, as well as giving younger team members an opportunity to develop their skills for the following years.
4. Players will be chosen and game time will be awarded, based upon the following factors:
 - a. **Work Ethic** – Players are expected to give maximum effort at practices, games, and tournaments.
 - b. **Attitude** – Players must cooperate with coaches, teammates and officials. The athletes are expected to represent the school in a positive manner at all times.
 - c. **Commitment** – Players must be committed to their school, academics, athletics, and teammates. Team players are defined as players willing to sacrifice personal goals for the accomplishment of team goals.
 - d. **Ability** – Players should display their highest level of skill at all times.
5. The final decision on selection of team members and playing time shall rest with the coach(es).
 - a. **Junior teams**, for the most part, will be **developmental** programs based around **skill development** and **equitable playing time**.
 - i. **Junior teams** will be comprised of grade **7 and 8 students only**.
 - b. **Senior teams** will be based on **fair playing time, not equal** and the program will be based on a **competitive premise**.
 - i. **All grade levels (7, 8, 9)** will be allowed to compete for roster spots on the **Senior teams**.

General Code of Conduct

All participants involved in the Sturgeon Interschool Sports Program will conduct themselves in a manner that promotes the **good will and positive spirit of athletics**. Participants will conduct themselves with the highest standard of courtesy, integrity, and good sportsmanship.

1. All members and participants shall **respect** other coaches, players, team members, fans, spectators, officials, volunteers, parents, team officials, and school division employees. Any inappropriate conduct, threats, harassment, or abuse (verbal or physical) directed towards coaches, players, team members, fans, spectators, officials, volunteers, parents, team officials, and school division employees will not be tolerated.
2. All coaches, members, fans, and participants of athletic events shall behave in a **positive and supportive** manner.
3. All players, fans, and participants are required to **abide by the bylaws, rules and regulations set forth by the Sturgeon Interschool Sports Committee**, and their behavior is expected to mirror the spirit of the bylaws, rules and regulations, and this code.
4. **Violation** by any member, fan or participant of this document and the codes of conduct contained within may result in an immediate and indefinite suspension or expulsion from interschool athletic activities; games, practices, tournaments, and special events for the family (including the player) or family member involved.

Sports Programs

It is the belief of the ISC that the program below constitutes the minimum requirement for the effective delivery of instruction and acquisition of skills at the junior high level.

Schedule of Events 2014 - 2015

Event	Location	Most Responsible School	Dates
Cross Country Run	Gibbons	Gibbons School	September 30
Volleyball Finals	SCHS	Lilian Schick and Camilla	November 15
Volleyball All Star	SCHS	Legal	November 18
Basketball Finals	SCHS	Sturgeon Heights and Guthrie	March 6 and 7
Basketball All Star	SCHS	Legal	March 11
Badminton	SCHS	Namao	May 2
Elementary Track North	LS	Lilian Schick	June 2 with the rainout on June 4
Elementary Track South	MPS	MPS	June 2 with the rainout on June 4
Junior High Track	Redwater	Redwater	June 2 with the rainout on June 4
Year End Golf	Cardiff Golf Course	Chapman	June 8
Additional activities are to be approved by the principal of the participating school (For ex: Tournaments, exhibition games, different sports, etc.)			

Regulations

Activities under the direction of the Interschool Sports Committee shall be governed by the following regulations:

1. Trips made under the junior high sports program must be approved by the Principal.
2. Transportation of students to interschool sports events is to be by school bus or arranged by the parents.
3. Where trips are required beyond those specified by the ISC, additional local funding may be utilized at the discretion of the Principal.
4. The interschool sports program is funded by each individual school. The funds are used to provide transportation, entry fees, expenses incurred by coaches and release-time when necessary. The program at the elementary school level is to be determined by the Principal. The competition for each of the junior high schools is in the following preferred minimum program of:
 - a. Cross country run
 - b. Volleyball
 - c. Basketball
 - d. Badminton
 - e. Track and field
5. The programs at the two high schools are to be determined by the high school Principals in consultation with the Physical Education staff. Redwater participates in the North Central Schools Athletic League. Sturgeon Composite participates in the Edmonton Metro League. Both are governed by Alberta School Athletic Association (ASAA) rules.
6. Competition in Sunday scheduled events shall only be with the approval of the Principal.
7. The membership of the ISC believes it is not enough that all Sturgeon final tournaments be fair; they must also appear to be fair. The following practice is to be utilized: If there is a possible conflict of interest between the teams involved and the officials, then all possible measures are to be taken to prevent and eliminate this situation.
8. A full Sturgeon interlocking league schedule is implemented for volleyball and basketball. Each school is scheduled for the same number of home and away games with the home/away games for volleyball being reversed during the basketball season.

9. A fee of \$1100.00 will be charged to each junior high school participating in the Sturgeon Interschool Sports program. The fee shall be used to pay for all expenses incurred for all final meets and tournaments. This will necessitate the ISC reps from each school using the following standard practice:
 - a. The host school shall pay all costs, maintain all receipts and together with a cost breakdown sheet forward these to the chairperson of the ISC for a reimbursement cheque. This shall be done immediately after the event.
10. Commencing in 1998, Legal School participates in the Sturgeon Interschool sports Leagues.
11. Participation in Zone 5 individual type competitions shall utilize the following guidelines:
 - a. The coach of any student(s) wanting to participate must be willing to participate.
 - b. The approval of the Principal of the participating athlete(s) must be attained.
 - c. The payment of entry fees shall be determined by the participating school's administration.
12. Participation in Zone 5 team type competitions shall utilize the following guidelines:
 - a. The coach of the Sturgeon championship team must be willing to participate.
 - b. The approval of the Principal of the participating school must be attained.
 - c. The participating school must pay all fee of the competition.

Event Information

Cross Country Run

1. The Sturgeon Meet is open to students in grade four to nine.
2. Students categorized as per year born:
 - a. Students only run in proper age group.
 - b. Oldest category is to run first.
3. Students are to wear a name tag on the front of their chest.
 - a. The top twenty runners (Name/School/Time) are to be recorded in each category, and the results sent out to each participating school as soon as possible.
 - b. The top six runners from each school in each gender/age group only are to be sent to the Sturgeon Finals.
 - c. Students placing in the top six for junior high may choose to attend Zone 5 competition.
4. Each participating school is responsible for sending a minimum of three supervisors to the meet. K to Four schools must send two supervisors.
5. Each school is responsible for transportation to and from the run.
6. Awards are:
 - a. Medals for first, second, third
 - b. Ribbons for fourth to tenth per age group.
 - c. Note: Team trophies have been eliminated, but Namao School has the Elementary, Junior High and Combined Team trophies in storage.
7. The concession can be placed wherever it is convenient for the meet organizers.

Volleyball

1. League Play
 - a. Play cross court to maximize court time for all team members.
 - b. Single round robin Sturgeon interlocking schedule.
 - c. Thursday games, starting at 2:15 pm.
 - d. The format for league play shall be as follows:
 - i. A five game match for the senior team shall be played first.
 - ii. Rally point in the fifth and deciding set is to be used at the discretion of the coaches.
 - iii. Then a three to five game developmental match for the junior team shall be played. Beginning with the 2012 season, junior team play will follow the Triple Ball format.
 - iv. Any remaining time shall be used at the discretion of the coaches. Departure shall be at 5:00 pm, or as decided by the coaches.
 - v. Senior matches shall be recorded as the best of five, and the results shall be emailed to the league coordinator. The results for the season are to be tabulated and used to seed the final tournament.
2. Net height shall be
 - a. Girls – 7 feet
 - b. Boys – 7.5 feet

Basketball

1. League Play:
 - a. Single round robin Sturgeon interlocking schedule.
 - b. Thursday games, starting at 2:00pm. Be there by 1:45.
 - c. Alternate years as to who plays first.
 - i. 2014 – 2015: Sr. Boys, Sr Girls, Jr Boys, Jr Girls
 - ii. 2015 – 2016: Sr Girls, Sr. Boys, Jr Girls, Jr Boys
 - iii. 2016 – 2017: Sr. Boys, Sr Girls, Jr Boys, Jr Girls
 - iv. 2017 – 2018: Sr Girls, Sr. Boys, Jr Girls, Jr Boys
 - v. 2018 – 2019: Sr. Boys, Sr Girls, Jr Boys, Jr Girls
 - d. No game will end in a tie. Overtime will be played until a winner is declared.
 - e. Ball size:
 - i. Junior Girls – size 6
 - ii. Junior Boys – size 6
 - iii. Senior Girls – size 6
 - iv. Senior Boys – size 7
 - f. Game Length
 - i. A junior game may be played prior to the senior game.
 - ii. Junior game to be 20 minutes straight time - two ten minute halves.
Change direction of play at half time.
 1. During senior games, coaches of senior teams must be cognizant of time, to ensure there is adequate time remaining for the junior games.
 - iii. Length of the senior game is to be four 8 minute quarters.
 1. Stop time last 2 minutes of 2nd and 4th quarters.
 2. Stop clock on all foul shots. However, if there is more than a 20 point spread, clock runs.
 - iv. Two time outs in each half.
 - v. Tie games
 1. one 3 minute stop time period
 2. if still tied, repeat extra periods until one team wins.
 - vi. Junior and Senior games will be played at the same time at Gibbons School only.
 - vii. FINAL TOURNAMENT will be 4 ten minute quarters.
 - Stop time last 2 minutes of each quarter.
 - g. FIBA rules, with exceptions, will be used. See next page for exceptions.

2. Games will be officiated using FIBA rules, with the following exceptions:
 - a. Article 4.3.2
 - i. Teams shall use any uniform numbers with a maximum of two digits.
 - b. Article 8.1
 - i. Senior games shall consist of four periods of eight minutes. Running time is used. Exceptions: Stop time last two minutes of 2nd and 4th quarters. When one team is ahead by 20 points, run clock at all times.
 - ii. Junior games are two periods of ten minutes. Clock runs at all times except during time outs.
 - c. Article 8.7
 - i. If the score is tied at the end of playing time for the fourth period, the game shall continue with as many extra periods of three (3) minutes as is necessary to break the tie.
 - d. Article 16.2.1
 - i. A goal from the three-point field goal area counts as three (3) points. This rule is in effect in all ISC school gymnasiums except Namao and Sturgeon Heights.
 - e. Article 18.2.5
 - i. Two (2) time-outs may be granted to each team at any time during the first half; Two (2) at any time during the second half and one (1) during each extra period.
 - ii. Junior Games: One (1) time-out may be granted to each team at any time during the first half; one (1) may be granted at any time during the second half.
 - f. Article 43.2.3
 - i. The free-throw shooter shall: Release the ball within ten (10) seconds after it is placed at his disposal by the official.
 - g. Article 50
 - i. A twenty-four second clock is not used. However, a shot must be taken within 24 seconds after a team gains control of a live ball. Officials will keep a silent count and loudly announce when only ten seconds remain. The shot must leave the player's hands and subsequently either touch the ring or legally enter the opponents' basket (See FIBA Article 19).

h. Other

- i. In **senior games, no front court pressure** is permitted once a 20 point spread exists.
- ii. In **junior games, no front court pressure** is permitted once a 10 point spread exists.
- iii. Host schools must make every effort to have **adults officiate** games. Officials must be familiar with current FIBA rules; qualified high school students may officiate, if available. In such cases, the high school student should be partnered with a qualified adult official.
- iv. A **grade 7 or 8 player who is a starter on the senior team** generally should not play on the junior team.
 1. Exceptions may be made for smaller school populations, i.e., if the number of players on a combined junior/senior team is such that there is essentially just one team
 2. Coaches should communicate with each other before a game and may agree to use such players when it is in the best interests of players on both teams and no team is put at an obvious disadvantage.
- v. **Dunking** – Dunking is legal during game time. Dunking is not allowed in pre-game warm-up and in the warm-up period prior to start of the second half.
- vi. **Man-to-man defence is compulsory.** Defensive trap (of no more than two players) and help defence may be employed. The following guideline shall be used by officials in making a decision as to whether a player or team is utilizing a zone defense:
 1. When in their front court, an offensive player moves from one side of the court to the other and the defensive player does not.
 2. If the offensive player is within shooting range and has the ball and the defensive player is not within arm's length.
 3. If the defensive player is in the key when the offensive player is not a reasonable distance away (1-2 meters)
 4. If there is an imbalance of offensive or defensive players on a given side of the court.

Badminton

League: The league would consist of 2 weeks of “tournament” play rather than 3 weeks of match play.

Format: During the tournament days, four schools would meet in one “host” location to play in a four-team format badminton tournament. The tournament would consist of round robin play along with top 2 players from each player/category advancing to play-offs. Play-offs would consist of semi-finals and finals for third and first places. All matches are best of 1.

Teams: Each team would consist of 16 players: 2 mixed doubles teams, 2 girls doubles teams, 2 boys doubles teams, 2 girls singles, 2 boys singles

Scoring: The rally point system put in place last year would be in effect. Games to 21, win by 2, cap at 30.

Schedule: There would be a rotation of host schools and a rotation of teams played from week 1 to week 2 as well as year 1 to year 2. For Example:

Year 1:

Week 1: Group 1 (East)

*Gibbons
Redwater
Lilian Schick
Legal

Group 2 (West)

*Sturgeon Heights
Camilla
Namao
Guthrie

Week 2: Group 1 (Cross-Over)

*Lilian Schick
Gibbons
Camilla
Guthrie

Group 2 (Cross-Over)

*Namao
Sturgeon Heights
Redwater
Legal

Year 2:

Week 1: Group 1 (East)

*Redwater
Gibbons
Lilian Schick
Legal

Group 2 (West)

*Camilla
Sturgeon Heights
Namao
Guthrie

Week 2: Group 1 (Cross-Over)

*Legal
Gibbons
Camilla
Namao

Group 2 (Cross-Over)

*Guthrie
Sturgeon Heights
Redwater
Lilian Schick

“*” represents the host team for that week!

Sturgeon Badminton League Tournament Schedule

	Pool 1		Pool 2
1	Redwater #1	5	Redwater #2
2	Gibbons #1	6	Gibbons #2
3	Lilian Schick #2	7	Lilian Schick #1
4	Legal #2	8	Legal #1

Game	Round One	Game	Round Two	Game	Round Three
	Mixed Doubles		Mixed Doubles		Mixed Doubles
1	1 – 4	21	1 – 3	41	1 – 2
2	2 – 3	22	4 – 2	42	3 – 4
3	5 – 8	23	5 – 7	43	5 – 6
4	6 – 7	24	8 – 6	44	7 – 8
	Girls Doubles		Girls Doubles		Girls Doubles
5	1 – 4	25	1 – 3	45	1 – 2
6	2 – 3	26	4 – 2	46	3 – 4
7	5 – 8	27	5 – 7	47	5 – 6
8	6 – 7	28	8 – 6	48	7 – 8
	Boys Doubles		Boys Doubles		Boys Doubles
9	1 – 4	29	1 – 3	49	1 – 2
10	2 – 3	30	4 – 2	50	3 – 4
11	5 – 8	31	5 – 7	51	5 – 6
12	6 – 7	32	8 – 6	52	7 – 8
	Girls Singles		Girls Singles		Girls Singles
13	1 – 4	33	1 – 3	53	1 – 2
14	2 – 3	34	4 – 2	54	3 – 4
15	5 – 8	35	5 – 7	55	5 – 6
16	6 – 7	36	8 – 6	56	7 – 8
	Boys Singles		Boys Singles		Boys Singles
17	1 – 4	37	1 – 3	57	1 – 2
18	2 – 3	38	4 – 2	58	3 – 4
19	5 – 8	39	5 – 7	59	5 – 6
20	6 – 7	40	8 – 6	60	7 – 8

Track and Field

1. Sturgeon is divided into two elementary sides – Sturgeon North and Sturgeon South.
 - a. Participating schools in the north are BACS, Gibbons, Landing Trail, Legal, Lilian Schick, Ochre Park, and Redwater.
 - b. Participating schools in the south are Camilla, Guthrie, Morinville Public, Namao, and Sturgeon Heights.
 - c. Each side hosts a separate elementary track meet.
2. There is only one junior high track and field meet that is hosted as the championship.
3. The elementary and junior high track meets should be hosted on the same day wherever possible.

League Coordinator Duties

1. It has become necessary to have league coordinators for both volleyball and basketball. The duties of the league coordinator may be shared by two schools.
2. The duties are:
 - a. Create and distribute the league schedule.
 - b. Tabulate league standings.
 - c. Seed the final tournament according to ISC policy.
 - d. Create the draw and accompanying information for the final tournament.
 - e. Arrange for officials for the tournament and the all star game.
 - f. Invite the trustees and the media to the final tournament and all star game.
 - g. Advertise the final tournament and all star game.
 - h. Arrange for the appropriate facility (SCHS) where required.
 - i. Arrange for setup and cleanup of the facility for the final tournament.
 - j. Other duties as determined.

Final Tournament Formats

Final tournaments held for volleyball, basketball, and badminton shall be held in accordance with the following guidelines:

1. Entry fees shall be assessed as part of the annual registration fee. These fees shall be determined by compiling the costs of officials, scorekeepers, awards, miscellaneous equipment, and the costs of cleaning the facility by the number of teams participating. From year to year, the costs of the final tournaments shall be predetermined, based on the costs of the previous year, and added to the costs of all of the final tournaments in order to establish the registration fee for each school participating in the junior high interschool sports program. This fee is to be paid no later than September 30 of the school year, by the participating school.
2. Accredited, provincially approved, major officials shall be employed for the final tournaments in volleyball and basketball.
3. League coordinators shall advise participating teams of the draw and game times as early as possible prior to the final tournament.

Volleyball Tournament

1. Shall be held on the second last Saturday of November, unless mutually agreed to by coaches at the beginning of the school year.
2. Every possible attempt shall be made to use Sturgeon Composite High School as the facility for the final tournament.
3. Volleyball games may be cross-court during the round robin portion of the tournament.
4. The final match shall be regulation full-court games.
5. Teams shall be seeded to form two pools, and where possible, each pool shall be made up of an even number of division teams according to the league final standings.
 - a. The seeding format shall be :
 - i. Pool 1
 1. first, third, sixth, eighth
 - ii. Pool 2
 1. second, fourth, fifth, seventh
6. Round robin matches shall be two-game matches.
7. The top two teams in each pool cross over in a semi-final, with first in one pool playing second in the other pool.
8. They will play a best of three match, resulting in two winners.
9. In all cases, ties shall be broken in accordance with the procedures outlined by the Canadian Volleyball Association in its most current rule book.
10. Play, with the exception of those areas made impossible due to physical constraints of the facility, and where otherwise indicated herein, shall be in accordance with the CVA rulebook.
11. Officials:
 - a. There will be one carded referee per court
 - b. There will be four high school students for umpires.
 - c. The umpires shall be paid \$40.00 each for the day.
 - d. Junior or senior high school students shall be used for scorekeepers. The scorekeepers shall be paid \$25.00 for the day.
12. Awards:
 - a. First: Division trophy, Keeper trophy, Medals, Banner
 - b. Second: Medals
 - c. Third Medals
 - d. Consolation Medals

Basketball Tournament

1. Shall be held on the second Friday and Saturday of March unless mutually agreed upon by the coaches at the beginning of the school year.
2. Every attempt shall be made to host both the boys' and girls' finals at SCHS.
3. Basketball games should be full-court for all tournament games.
4. The seeding and draw type for the final tournament will be:
 - a. First vs. eighth
 - b. Second vs. seventh
 - c. Third vs. sixth
 - d. Fourth vs. Fifth
5. The tournament will be a modified Oregon Draw with no seventh vs. eighth place game.
6. For seeding purposes for the final tournament, host schools shall email the league coordinator with league game scores.
 - a. Two points will be awarded for each win.
 - b. In the event of a tie, points against will be used. The lowest points against record will be the winner.
7. The final tournament shall use the same FIBA Rules used for the regular season. Game duration shall be confirmed at the second ISC meeting or as per the regular season.
8. Each team will play a minimum of two games in the final tournament format. The first game is to be on the Friday night.
9. The eighth place team has the option of forfeiting the first game if they so wish. This intention must be declared by the end of the last league game.
10. Officials:
 - a. Two carded officials per court.
 - b. Minor officials shall be paid \$7.00 per game for the two days of scorekeeping. Every attempt shall be made to have high school students do the score keeping.
11. Awards:
 - a. First: Division trophy, Keeper trophy, Medals, Banner
 - b. Second Division trophy, Medals
 - c. Third Division trophy
 - d. Consolation Division trophy

12. Beginning in the 2008/2009 year, the following format will be piloted.

a. Boys' Basketball

Game	Date	Time	Teams
1	Friday, March 6	5:00 – 6:15 pm	3 vs 6
2	Friday, March 6	6:15 – 7:30 pm	4 vs 5
3	Friday, March 6	7:30 – 8:45 pm	Game 1 loser vs Game 2 Loser
4	Saturday, March 7	9:00 – 10:15 am	2 vs Winner Higher seed of Game 1 & 2
5	Saturday, March 7	10:15 – 11:30 am	1 vs Winner Lower seed of Game 1 & 2
6	Saturday, March 7	11:30 am – 12:45 pm	7 vs 8 (Consolation)
7	Saturday, March 7	12:45 – 2:00 pm (Small Gym)	Game 4 Loser vs Game 5 Loser (Bronze)
8	Saturday, March 7	12:45 – 2:00 pm (Large Gym)	Game 4 Winner vs Game 5 Winner (Gold/Silver)

b. Girls' Basketball

Game	Date	Time	Teams
1	Friday, March 6	5:00 – 6:15 pm	3 vs 6
2	Friday, March 6	6:15 – 7:30 pm	4 vs 5
3	Friday, March 6	7:30 – 8:45 pm	Game 1 loser vs Game 2 Loser
4	Saturday, March 7	9:00 – 10:15 am	2 vs Winner Higher seed of Game 1 & 2
5	Saturday, March 7	10:15 – 11:30 am	1 vs Winner Lower seed of Game 1 & 2
6	Saturday, March 7	11:30 am – 12:45 pm	7 vs 8 (Consolation)
7	Saturday, March 7	12:45 – 2:00 pm (Small Gym)	Game 4 Loser vs Game 5 Loser (Bronze)
8	Saturday, March 7	12:45 – 2:00 pm (Large Gym)	Game 4 Winner vs Game 5 Winner (Gold/Silver)

Badminton Final

1. Shall be held the first Saturday of May unless mutually agreed upon by the coaches at the beginning of the school year.
2. Schools entering the badminton finals shall let the host school know by the first Friday in April.
3. Every possible attempt shall be made to host the badminton tournament at SCHS.
4. The final tournament shall be a two section round robin consisting of one team from each school in each section of the round robin.
5. No substitution from other schools is allowed for players who do not show.
6. Students are to call own side
 - a. If uncertain, reserve.
7. Mavis 300 shall be the designated shuttle.
8. Participating schools are to provide one staff member for one half day of tournament duties. Specific duties will be determined by the coordinator in consultation with the participating schools.
9. The top four teams in each section, at the conclusion of the round robin, will advance to the finals round robin. The team trophy is awarded to the school with the most wins during the day.
10. Ties:
 - a. If two teams are tied, there is to be a game played between the two teams.
 - b. If three or more teams are tied, then the points for/against are calculated for the whole pool.
11. Awards:
 - a. Medals to the top four teams in each event.
 - b. Top team
 - i. Team trophy
 - ii. Banner

Track and Field Final Meet

1. Two students per school per age group may be entered.
2. Use the age as of September 1st of the school year.
3. Athletes may participate in four events maximum, excluding the relay.
 - a. Of these four events, a maximum of
 - i. two throwing events, or
 - ii. two jumping events, or
 - iii. two running events
4. The 100m and 200m sprints will have heats and a final.
5. The 400m, 800m, and 1500m will be gang starts, or run with heats, if needed.
6. Relays will have one entry per school per age group.
7. Competitors in all field events will be allowed three throws or jumps in each event, excluding high jump.
 - a. In high jump competitors will receive three attempts at each height.
8. All other track and field rules will be applicable for all events.
9. Every attempt will be made to have the relay exchange zones marshaled.
10. Awards:
 - a. There will not be a team trophy, and as such, there will not be a running tabulation of individual school results maintained.
 - b. Ribbons:
 - i. First to fourth for each event
 - c. Trophies
 - i. Six small trophies
 - ii. For outstanding athlete in each age group for boys and girls.

All Star Games

Volleyball

1. Final tournament rankings are used.
2. Two students per school for both girls and boys.
3. The all-star coach will select a ninth player.
4. If there are only three participating schools on one side of the division, three players shall be selected from each school.
5. Coach:
 - a. If both of the pools are represented in the final, the coaches of those teams are the all-star coaches,
 - b. If both teams in the final are from the same pool, the coach of the winning team is the coach for his/her side. The coach for the other team will be determined by the highest placing team from the other pool.

Basketball

1. Final tournament rankings are used.
2. Two students per school for both girls and boys.
3. The top two teams will have one extra student chosen.
4. If there are only three participating schools on one side of the division, three players shall be selected from each school with a fourth player being selected by the all-star coach.
5. Coach:
 - a. If both of the pools are represented in the final, the coaches of those teams are the all-star coaches,
 - b. If both teams in the final are from the same pool,
 - i. the coach of the winning team is the coach for his/her side. The coach for the other team will be determined by the highest placing team from the other pool, or
 - ii. The coach for the side of the division in question whose team does the best in the consolation final.