

# Redwater School

December

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Redwater, Alberta T0A 2W0

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Principal: Kari Morgan ~ Vice Principal: Cheryl Tanouye ~ Counsellor: Niki Ballance

## A MESSAGE FROM OUR PRINCIPAL

December 1, 2021

Dear Families:

With December upon us, our school is excited to bring back some spirit days and activities. The student leadership group has many things planned that will be posted on our social media platforms as well they are listed here for you.

Monday, Dec. 6<sup>th</sup> – Door Decorating

Tuesday, Dec. 7<sup>th</sup> – Candy Grams (sell at lunch and deliver on a different day)

Wednesday, Dec. 8<sup>th</sup> – Ugly Festive Sweater Day

Thursday, Dec. 9<sup>th</sup> – Bake Sale @ lunch

Friday, Dec. 10<sup>th</sup> – School wide dodge ball @ lunch

Monday, Dec. 13<sup>th</sup> – Christmas around the world

Tuesday, Dec. 14<sup>th</sup> – Cookie/ornament decorating

Wednesday, Dec. 15<sup>th</sup> – Snowman building (snow and weather permitting)

Thursday, Dec. 16<sup>th</sup> – PJ's and hot chocolate

Friday, Dec. 17<sup>th</sup> – Dress as Santa

We are so happy to have an in person Christmas Concert this year and welcome parents back to the school! We do need to adhere to the AHS guidelines and protocols and ask that families **RSVP** to Ms. Dowhaluk if they are planning to attend. There are limits to numbers of family members that can attend to ensure that everyone has an equal opportunity to attend and enjoy it! Thanks in advance to Ms. Dowhaluk for organizing and preparing the students for this event!

We are also proud to say that we have had a successful volleyball season and that practices for basketball have commenced. In addition, we have a high school curling team. Thanks to the coaches from our staff and the community for their time and commitment to our students. Thanks to Ms. Cowley, Mrs. Vanderhoek, Mr. Bruchal, Mr. Dorosh for a great volleyball season.

We continue to have masking protocols in our school. Please remind your child that they do need to wear their masks when they are out and about in the hallways and common areas. We can't thank you enough for sending your children to school prepared with masks. It is appreciated.

I trust the next two weeks leading up to the break will be excellent here at school and for you at home as you prepare for the season.

Stay Healthy!

Mrs. Morgan

## Words from the Wellness Hub

As we reflect on our school community and the social and emotional implications of the pandemic over the past 18 months, we see the increased importance of providing our students with support and strategies that will help them to maintain their physical and mental well-being. One major school wellness initiative is the Redwater Wellness Hub

The Redwater Wellness Hub was established in 2017 and is a school initiative that works to provide opportunities that enhance students' resiliency factors (ie, positive adult role models, strong social supports, positive self esteem, conflict resolution skills, and success at school) and promote positive mental health through access to resources and opportunities for skill development and integration of social emotional learning.

The Wellness Hub Team consists of;

- School Counsellor (Niki Ballance)
- Learning Support Leads (Brie Kiriak and Catherine Van Der Hoek)
- Off Campus Coordinator (Niki Ballance)
- SPS Mental Health and Wellness Coach (Amanda Dorosh)
- SPS FNMI Coach (John Valliere)
- Mental Health Capacity Building Team (HYPE)
  - Carina Chenoweth
  - Erin Davies
  - Pascal Dumoulin
  - Rebecca Balanko
- Access to additional outside agencies (SPS Social Worker, AHS Mental Health and Addictions, SPS Complex Service Team, Child and Family Services)



### Redwater School Mental Health and Wellness Coach

Hello! My name is Amanda Dorosh and I have the privilege of being the mental health and wellness coach at Redwater School this year. Throughout the year I will be focusing on supporting the social emotional learning initiatives in the school! The initiatives will not only continue to contribute to a strong school culture in which all students feel safe, supported and valued but also help students to develop these skills that help them to manage strong emotions, navigate relationships, work effectively with others, and make responsible decisions. Each month we will also be providing SEL initiatives for parents to try out at home. Stay tuned!!!

The next Parent Council Meeting is coming up on  
Monday, December 13th, 2021 at 5:30pm.

Hope to see you online!



**THERE IS**  
*always, always,*  
**ALWAYS**  
**something**  
*to be thankful for*

## ***STUDENT COUNCIL***

The Student Council has planned a very eventful month for December. Two weeks straight with different events. So far, we have made much progress in our organization and we are content that this exciting month will run smoothly. We teamed up with the elementary student council to mentor them, show them our ways, learn from them, and to assist in any way possible. There is the food bank donation box which is already open, we are having a highly anticipated bake sale coming up, on Thursday, December 9th. We will have a Christmas around the world plus a few theme days. Please see Redwater's Social Media for our full event calendar! I must not forget that this month is going to be themed around kindness, hopefully Christmas will have us all feeling extra Santa-mental. This will definitely be a step up for our team but we are ready to take it on!

Sincerely,

Adrianna Letwin



## ***PARENT COUNCIL***

### **Executive:**

Tammy Dykens—Chair  
Rikki Anema—Vice Chair  
Patty Moskal—Secretary  
Veronica Poitras—Room Rep Elementary  
Phoebe Jagielski—Room Rep Junior High  
Kim Kolybaba—Room Rep Senior High

### **Parent Society:**

Kim Kolybaba—Chair  
Karen Schneberger—Vice Chair  
Janelle Corneilus—Treasurer  
Patty Moskal—Secretary  
Phoebe Jagielski—Fundraising



### **IT'S GETTING COLD OUTSIDE!**

Please send weather-appropriate clothing for your child. As it gets colder, please remind your child to NOT share toques, mitts, etc.



## REDWATER REMARKABLE RENEGADES!

Students who demonstrates a positive attitude, helps out in the classroom and is an active citizen in our school can be nominated as a Remarkable Renegade. Every month, one student from each grade will be honored as one of our school's Remarkable Renegades. Congratulations to our **November Remarkable Renegades:**

Grade 5: Max L. ~ Grade 5/6: Isabelle B. ~ Grade 6K: Taylor G.

Grade 7: Payton C. ~ Grade 8: Brook Y. ~ Grade 9: Aaiden G.

Grade 10: Manus S. ~ Grade 11: Lindsay H. ~ Grade 12: . ~ GOALS: Fox H.



Do you have the PowerSchool Parent Portal app? This is a very useful tool for parents and students to keep updated on marks and attendance throughout the school year. Parents can access student schedules, marks and attendance by logging into PowerSchool Parent Portal website at: [Student and Parent Sign In \(powerschool.com\)](https://www.powerschool.com)



Here at Redwater School, we know how important your children are. To ensure student safety, students must sign in at the office when arriving late to school as well sign out if leaving before the end of the day. Please contact Redwater School at 780.942.3625 to report a student's absence or late. Parents can also email the office at [redwater@sturgeon.ab.ca](mailto:redwater@sturgeon.ab.ca), or through Redwater School's website at [www.redwaterschool.ca](http://www.redwaterschool.ca).

### Christmas Concert Information:

Junior High and High School Band (Gr. 7-12) will have a concert on Dec. 9<sup>th</sup> at 6:30pm in the gym. Parents need to RSVP to the email sent out by Mrs. Dowhaluk.

Elementary Music Students (Gr. 5 & 6) will have a concert on Dec. 16<sup>th</sup> at 6:30pm in the gym. Parents need to RSVP to the email sent out by Mrs. Dowhaluk.

Protocols will include masks being worn, sitting with households, physical distancing and maintaining attendance according to 1/3 fire code regulations (approximately 200 people).

### Grad News

Poinsettias will arrive on Dec. 2<sup>nd</sup> time will be communicated on the 2<sup>nd</sup> since that is when we will be notified. Students need to be prepared to deal with poinsettias when delivery occurs at the school. Graduates will be delivering that day.

Happy  
Holidays!



## COVID-19 INFORMATION

# COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

### Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

If within the last 10 days, your child has been notified by Public Health that they are a case<sup>3</sup> of COVID-19, they are required to isolate as per Public Health instructions.

### Screening Questions for Children under 18:

1.	<b>Has your child been a household contact of a case<sup>2</sup> of COVID-19 in the last 14 days?</b> <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.</i>	YES	NO
<b>If the answer is "YES" AND they are NOT fully immunized<sup>4</sup>:</b> <ul style="list-style-type: none"><li>Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms. If your child has symptoms, proceed to question 2.</li></ul>			
<b>If the answer is "NO" to question 1, proceed to question 2</b>			
2.	<b>Does the child have any new onset (or worsening) of the following core symptoms:</b>		
	<b>Fever</b> Temperature of 38 degrees Celsius or higher	YES	NO
	<b>Cough</b> Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	<b>Shortness of breath</b> Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	<b>Loss of sense of smell or taste</b> Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
<b>If the answer is "YES" to any symptom in question 2:</b> <ul style="list-style-type: none"><li>The child is required to isolate for 10 days from onset of symptoms as per the current <a href="#">CMOH Order</a> OR receive a negative COVID-19 test and feel better before returning to activities.</li><li>Use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to arrange for testing and to receive additional information on isolation.</li></ul>			
<b>If the answer is "NO" to all of the symptoms in question 2, proceed to question 3.</b>			

<sup>3</sup> A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

<sup>4</sup> A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

<b>3.</b>	<b>Does the child have any new onset (or worsening) of the following other symptoms:</b>		
	<b>Chills</b> Without fever, not related to being outside in cold weather	YES	NO
	<b>Sore throat/painful swallowing</b> Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
	<b>Runny nose/congestion</b> Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
	<b>Feeling unwell/fatigued</b> Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
	<b>Nausea, vomiting and/or diarrhea</b> Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
	<b>Unexplained loss of appetite</b> Not related to other known causes/conditions, such as anxiety or medication	YES	NO
	<b>Muscle/joint aches</b> Not related to other known causes/conditions, such as arthritis or injury	YES	NO
	<b>Headache</b> Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
	<b>Conjunctivitis</b> (commonly known as pink eye)	YES	NO

**If the answer is “YES” to ONE symptom in question 3:**

- Keep your child home and monitor for 24 hours.
- If their symptom is **improving** after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

**If the answer is “YES” to TWO OR MORE symptoms in question 3:**

- Keep your child home.
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

**If the answer is “NO” to all questions:**

- Your child may attend school, childcare and/or other activities.

**Please note:** If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

**It's the most wonderful  
time of the year! We  
hope you have a very  
Merry Christmas and  
enjoy the warmth and  
magic of the holiday  
season.**

**From all the Staff at  
Redwater School**

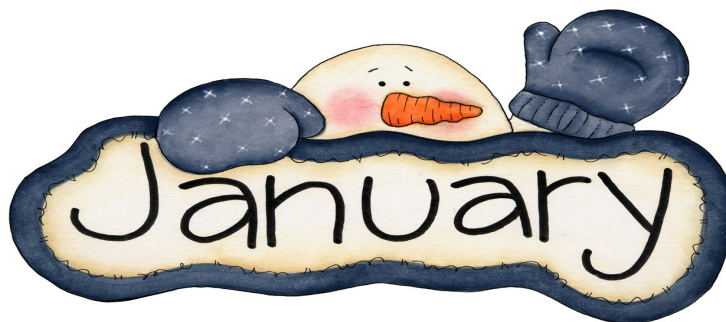






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Poinsettia Delivery (Gym) 	3 	4
5	6	7 Student Lead Meeting at Lunch 	8	9 Christmas Concert (Gr. 7-12 Band) 6:30pm 	10	11
12	13 Parent Council Meeting 5:30 pm 	14	15	16 Christmas Concert (Gr. 5&6 Music) 6:30pm 	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
<b>A VERY MERRY            CHRISTMAS            and Happy New Year!</b>						 Back to School Monday, January 3, 2022





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 
2	3 Back To School 	4  ELA Diploma 30-1/30-2 Part A	5	6	7	8 Jr. High Boys & Girls Basketball Redwater @ Lilian Schick
9	10	11  ELA Diploma 30-1/30-2 Part A	12 Social Diploma 30-1/30-2 Part A	13 French L.A. 30-1 Part A	14 	15
16	17 Parent Council Meeting 5:30pm 	18 Last Day Of Classes High School Only	19 French L.A. 30-1 Part B	20 Math Diploma 30-1/ 30-2 Jr. High Basketball RW at Namao	21  ELA Diploma 30-1/30-2 Part B	22
23/30	24/31 Social Diploma 30-1/30-2 Part A PD Day—Jan. 31	25 Biology 30 Diploma Formal Grad Pictures  GRAD PORTRAITS	26 Chemistry 30 Diploma Formal Grad Pictures	27  Physics 30 Diploma Jr. High Basketball RW at Gibbons 	28	29