



RENEGADE NEWS

Week of November 21 - November 25

A Message From Our Administration

November 18, 2022

Great things happening at Redwater School!

-Metis Week - many different activities like Metis Sash weaving, Metis history lessons

-Jersey Day and Pep Rally! Students enjoyed some time together in the gym and cheered on the volleyball teams vs the staff!! Great athleticism was displayed! Good luck to the Sr. H teams as they play this weekend!

-We are involved with the Kris Kringle event again this year - students are volunteering and the school is creating crafts to sell at the craft fair. Come on to Pembina place and listen to the band and buy a student created craft!! (very affordable) **Dec.2 and 3rd.**

-We need parent volunteers to help work at the craft fair December 3 from 10-3 pm along with staff and some students. Please contact the office at 780-942-3625

-Festival of Lights! - we are in need of any strings of outdoor Christmas lights to help create our outdoor light display at the school. Any lights hanging around that you are not using? We would love to use them! Please drop off at the school by Nov.24, 2022.

Take Care Everyone!

Mrs. Morgan and Mrs. Tanouye



Healthy Lunch Choices

We like that students gr.7 and up with parent permission can go off campus to purchase lunch. It provides a break from the building and a little breather. We have noticed that many students are purchasing cases of pop or 2L bottles of pop. We do encourage students to make healthy choices and ask that parents discuss what their child is purchasing with them. We are finding that students are spilling the pop or leaving their pop cans around even with gentle reminders. Thanks for all your help!



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What's coming up.... November 21 -November 25

Monday, November 21st / Day 1

- **Parent Council @ 5:30**

Tuesday, November 22nd / Day 2

- **High School Math Competition Block 1**

Wednesday, November 23rd / Day 1

- **Bullying Awareness and Prevention**

Thursday, November 24th / Day 2

- **School Wide Breakfast**

Friday, November 25th / Day 1

- **Occupational Wellness Presentations
Gr. 9 - 12 (in classes)**

What is happening next week... November 28- December 5

Monday, November 28th/ Day 1

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Tuesday, November 29th / Day 2

- **Kris Kringle Crafts / Option Classes**

Wednesday, November 30th / Day 1

- **ELAA 10 & 30 Citadel Field Trip**

Thursday, December 1st / Day 2

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Friday, December 2nd / Day 1

- **Kris Kringle Event at Pembina Place**

Words From The Wellness Hub

The whole school breakfast is next **Thursday, November 24th**. Students can come and grab some oatmeal and fruit before heading to class!

Winter Movement Fun

Burst: BOKS Winter As If

Do each activity for 20-30 seconds :

- Jog in place as if the abominable snowperson is chasing you.
- Take big steps in place as if you are snowshoeing.
- Jump up and down as if you are chestnuts popping on a fire.
- Reach up as if you are trying to grab the North Star.
- Squat Jump up as if you are jumping on a pile of snow.
- March in place as if you are a toy soldier.
- Play the drums as if you are announcing winter solstice.
- Swim as if you are in a giant pool of egg nog.
- Shake your body as if you are a wet polar bear.

A Message From Our Student Council

December is almost here and we are working on planning some fun activities! More details to follow

- Ugly Sweater/Red and Green Day
- Christmas Bake Sale
- PJ Day



Great Happenings

Volleyball Pep Rally



Great Happenings

Jersey Day



Great Happenings

*Métis
Week*

@Redwater School
November 13-19
Every Day

