



RENEGADE NEWS

Week of January 16 - January 20

A Message From Our Administration



January 13, 2023

Welcome Back Renegades,

We are so excited to be back and looking forward to what opportunities 2023 will bring our staff and students.

As we work on finishing up semester one please check Powerschool and remind your child to get in any missing assignments.

Our high school students have already started the Part A of the ELA and Social Diploma this week and will continue their exam week this upcoming Thursday. Last day of high school classes is on Wednesday.

We are proud of all the hard work and learning that has happened this term.

Wishing you all the best in the New Year,

Mrs. Morgan and Mrs. Tanouye

What is happening next week... January 16 - January 20

Monday, January 16th / Day 1

- Jr. Musical Theatre Dress Rehearsal, 1 pm
- After School Musical Theatre Rehearsal
- School Council Meeting at 5:30pm

Tuesday, January 17th / Day 2

- Jr. Musical Theatre Performance, 6:30-8pm

Wednesday, January 18th / Day 1

- Last Day of High School Classes
- Jr. Musical Theatre Performance, 6:30-8pm

Thursday, January 19th / Day 2

- Math 30-1 & 30-2, 9am
- ELA 10-1, 10-2 & 10-4 Part A, 9am
- Jr. High Basketball Game at Home

Friday, January 20th / Day 1

- ELA Diploma 30-1 & 30-2 Part B, 9am
- Science 20, 9am

What's coming up.... January 23 - January 27

Monday, January 23rd / Day 2

- Social Studies Diploma 30-1 & 30-2 Part B, 9am
- Biology 20, 9am

Tuesday, January 24th / Day 1

- Biology 30, 9am
- Science 24 & 20-4, 9am
- ELA 10-1, 10-2 & 10-4 Part B, 12pm
- Jr. High Bball @ Home vs. Guthrie "A Team" 2pm

Wednesday, January 25th / Day 2

- Social Studies, 20-1, 20-1 & 20-4, 9am
- Chem 30, 9am
- Jr. High Musical Theatre Performance 6:30-8 pm


Thursday, January 26th / Day 1

- Math 10C & 10-3, 9am
- Physics 30, 9am
- Formal Grad Photos 10am
- Jr. High Basketball at Four Winds, 2pm

Friday, January 27th / Day 2

- Science 30 Diploma, 9am

Redwater School is a BYOD School !



Redwater School is a BYOD school from grades 7-12. That means that we require students to bring their own devices from home.

A device brought for learning must meet the following requirements:

- Internet ready (chrome browser)
- Ability to type (full keyboard required)
- Battery life of a full school day (6 hours)
- Labelled for identification
- Google Apps for Education (GAFF) friendly
- Not a cellphone

Redwater School also offers a rental program for a monthly fee. If you are interested in this option please contact the office for more information.

You can also purchase one through the School Division. Email tech.purchasing@sturgeon.ab.ca

Information on The Great Moon

KISEPÎSIM

Great Moon

Pronounced- Kiss- ee-pee-sim



Happy New Year and Welcome to 2023! This year is promising to be an exciting New Year filled with possibilities and hope. Traditionally, during this time and for the next few months, we experience the harshest weather of the year. This is a time where all living things require extra kindness and care to survive.

So far in our moon journey together, we have discovered that the Cree language is very descriptive. Words are chosen to create a picture in your mind. Each moon's name has been based on what we see happening on the earth around us. This explains why various groups of First Nations people have different names for the moons depending on where they are located. For example, in Eastern Canada where the Mohawk live, they call this moon TSIOTHOHRHKÔ:WA, which means BIGGER COLD MOON. If you could name this moon using descriptive language what would you call it? Once you have come up with a name for the moon, try doing some research to find all the different names for this moon. Have a beautiful month.



Created by: Indigenous School Counsellor Katie Holubowich

Redwater School Student Cell Phone Policy and Technology Use

Please remind your child that students in grades 5-9 are **not allowed to have their cell phone in class.** Students are able to use their phone during the lunch break. Appropriate online behavior is also expected at all times.

Please refer to the school handbook on pages 13 and 14 on Acceptable Use of Technology.

<https://www.redwaterschool.ca/download/397895>

October 24 to 28 was Canada's Media Literacy Week

Please check out the link below for some resources for parents for each grade level!

<https://drive.google.com/file/d/1Hkyxk4riOzYnW4SZlEm6SFsbjyDWlArJ/view>

Words From The Wellness Hub

Emotional Regulation Strategy Series

Emotional regulation is a simple mental and behavioral process that allows us to respond to a range of emotions in a manner that is socially acceptable and flexible.

Strategy 2: Gratitude

When we express gratitude, we not only make ourselves feel good, we make others feel good too. Gratitude helps to increase positive emotions in both the short and longer term and helps to reduce negative emotions. A simple way to express gratitude is to start each day thinking of 3 things you are grateful for!

<https://kidshealth.org/en/teens/gratitude-practice.html>

Words From The Wellness Hub

**Exam Week Support for
High School Students
from the Wellness Team**



Support in the Wellness Hub During Exam Week

- Breakfast in the morning starting at 8:15. Also, take a piece of gum with you to help lower stress and improve focus!
- Review tables in the front of the library
- Quiet table - breathing work, meditation,
- Stretching/Movement on the screen
- Quick chat and laugh with one of us!

A Message From Our Student Council

Student Council will be on hiatus until February 1st.

Stay tuned for FUN activities starting up again in February!!



Bio 20 Class Fetal pig dissection, part of their body systems review



Basketball Season is underway



Final Exams

REDWATER SCHOOL

**We Wish You The Best Of Luck
With Your Final Exam's Next Week**

Concentrate all your thoughts upon the
work in hand. Once again, good luck to all!



**A big milestone
Birthday for one
of our own!**



Happy 50th Birthday
Mr. Sadownyk