



RENEGADE NEWS

Week of February 6 - February 10

A Message From Our Administration



February 3rd, 2023

Hello Renegade Parents/Guardians:

As we begin semester two here at Redwater School it is an excellent opportunity to remind our students and their families of our school expectations. Please review the following and discuss these items with your child in order to help us create a successful learning environment that is safe and caring for all.

Please remember:

1. Students are expected to follow our school code of conduct outlined in our student handbook. Our handbook can be found on our school website at redwaterschool.ca
2. Students are expected to be properly prepared for class with all necessary materials (ie. Textbooks, binders, paper, pens, pencils, calculators etc.)
3. Students are required to have a lock on their locker at all times, keeping their belongings secure. No two students should share a locker.
4. Students need to bring their own devices to class (ie. Chromebook and charger).

We are excited to start a new semester with a variety of new learning opportunities ahead. Please reach out if you have any questions on how we can support you child and their success this semester.

Best Regards,

Our Administration Team

Shannon Requa Cheryl Tanouye Kevin Dorosh

Acting Principal Vice Principal Acting Vice Principal

What is happening next week... February 6- February 10

Monday, February 6th / Day 2

- Jr. High Boys Basketball Practice after school

Tuesday, February 7th / Day 1

- Make someone smile today!

Wednesday, February 8th / Day 2

- Specialized Programming Field Trip
- Jr. High Boys Basketball Practice, 7am (Cancelled)

Thursday, February 9th

- Teacher's Convention, No School

Friday, February 10th

- Teacher's Convention, No School

What's coming up.... February 13- February 17

Monday, February 13th / Day 1

- **Random Acts of Kindness Week**
- **Jr. High Boys BB practice after school**

Tuesday, February 14th / Day 2

- **Elementary Valentine's Day Dance**
- **Valentine's Day**

Wednesday, February 15th / Day 1

- **Jr. High Boys Basketball Practice, 7am**

Thursday, February 16th / Day 2

- **Jr. High Basketball Game at home**

Friday, February 17th / Day 1

- **Have a great weekend!**

Words From The Wellness Hub



Emotional Regulation Strategy Series

Emotional regulation is a simple mental and behavioral process that allows us to respond to a range of emotions in a manner that is socially acceptable and flexible.

Strategy 3: Creative Communication

An intense emotion can overwhelm a teen's capacity to verbalize their thoughts. Get creative with communication at home:

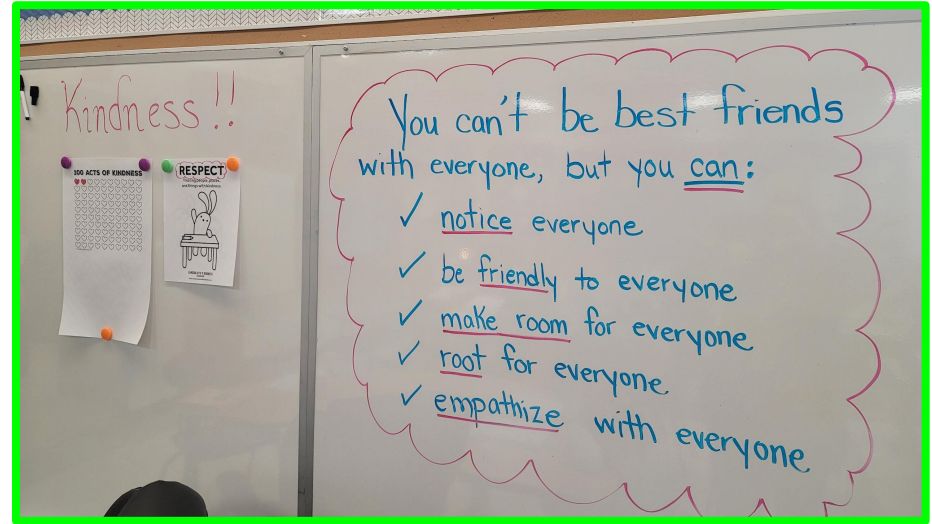
- Perhaps your child would rather write notes back and forth rather than have a face-to-face conversation.
- Try to establish a regular routine of a quick check in even on the good days!

Grandfather Teachings (For February)

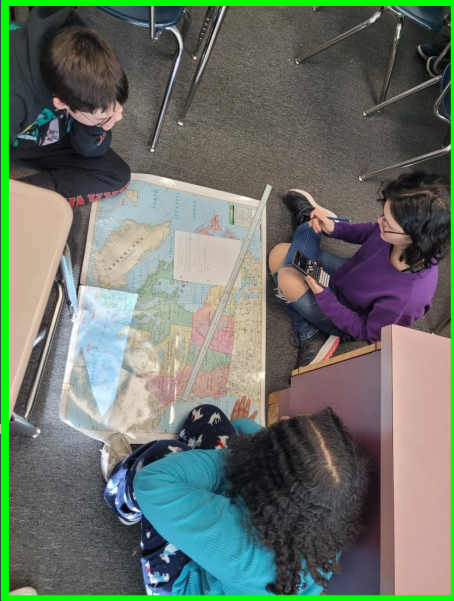
This month, we shift our focus to the teaching of **respect**. We talk about respect a lot in schools. But respect as a value begins with respecting ourselves - believing that we are worth growing, learning and taking care of ourselves. In the seven grandfather teachings, the buffalo teaches us respect. The Cree and Ojibwe and other First Nations depended on the buffalo, and used every part of the animal for all the necessities of life. When we respect ourselves, make healthy choices, and set appropriate boundaries, we can live in good relationships with everyone and everything around us.



Students are starting the semester strong looking at ways to be kind.

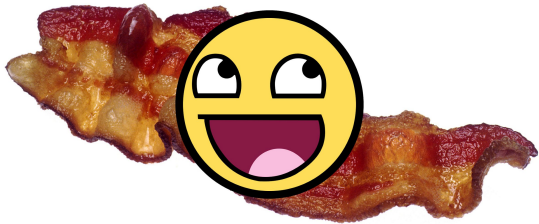


Grade 9's are using
scales on maps to find
distances between cities.



High School Foods Class is in Full Swing!

We love the smell of
Bacon!



Input / Output Tables

Determine the rule.

In	Rule	Out
1	+2	3
3	+2	5
5	+2	7
9	+2	?

When the number gets bigger...

In	Rule	Out
12	-3	9
8	-3	5
6	-3	3
3	-3	0

When the number gets smaller...

Divide
Add
Multiply
Subtract
or Divide

Positive and Negative

