

# RENEGADE NEWS

Week of February 27 - March 3

### A Message From Our Administration



February 24th, 2023

Hello Renegade Parents/Guardians:

This week was an exciting one. Our school community had opportunities to come together inside and outside the walls of our school to learn together.

Over announcements we took time to reflect on what it is like to be kind on pink shirt day. The grade 8 students had a field trip to the Citadel, and our school wide breakfast was a refreshing treat! A big thank you goes out to our wellness team, support from the community, and all the students who helped with clean up.

We had two special guests in our building this week.

Our Superintendent Shawna Warren come for a walk through to see all the great things happening in our school and Cst. Johnson came for a casual tour to meet some of our students in their classes. He will be making it part of his routine when his schedule allows him to visit.

We value our community support and can't wait for more opportunities to connect..

The Alberta Education Assurance Survey should be coming your way. Please take the time to share your experience at Redwater School. A favorable survey is greatly appreciated and we look forward to your feedback on how we can work together to make a difference in your child's educational experience.

Best Regards,

Our Administration Team

Shannon Requa Cheryl Tanouye Kevin Dorosh

Acting Principal Vice Principal Acting Vice Principal

What is happening next week... February 27-March 3





Monday, February 27th / Day 2

- Jr. High Boys Basketball Practice after school
- School Council Meeting, 5:30pm

Tuesday, February 28th / Day 1

- Band Festival, Fort Saskatchewan, 11am-2pm
- Jr. High Basketball @ Sturgeon Heights, 2pm

Wednesday, March 1st / Day 2

• First Day of March

Thursday, March 2nd / Day 1

• Have a great day!

Friday, March 3rd / Day 2 Have a great Weekend!

### What's coming up.... March 6-March 10





Monday, March 6th / Day 1

Happy Monday

Tuesday, March 7th / Day 2

Make someone's day great!

Wednesday, March 8th / Day 1

PE 20/30 SCUBA Diving

Thursday, March 9th / Day 2

Jr. Band Camp at Camp Nakamun

#### Friday, March 10th / Day 1

• Jr. Band Camp at Camp Nakamun

#### Grandfather Teachings (For March)

This month, we shift our focus to the teaching of **love.** 

Love isn't really about romance. Love is about care. About desiring good for others. And yourself. When we love the people in our lives, we want good for them. We want them to discover their purpose and grow to be who they're going to be. When we love ourselves, we find our own purpose. We follow our values. We grow to be fuller versions of ourselves.

This month, we're letting the Eagle teach us to look to the horizon - to dream of where we can go and help each other get there.



2023 - 2024 Redwater School Registration



Registration for the 2023-2024 school year is now open. Please log onto your parent portal account and complete the registration for each child, even if your child is a returning student. If you require assistance or a password reset for your parent portal account, please call the office @ 780-942-3625.





### Words From The Wellness Hub

Regular physical activity is an important part of overall health, especially for growing children. Being active not only improves a child's physical health, it also offers cognitive and emotional benefits such as improving attention span and mental well-being.

Some fun ways to include physical activity at home and when it's freezing outside is to;

- Mix it up! Try a new movement based activity each day of the week.
- Stream kid-friendly workout videos online such as gonoodle or yoga for teens on youtube.
- Try dancing to music
- Play follow the leader (take turns picking movements) or move through an obstacle course created in the hallway.



We are upgrading the library and we want to hear what types of books you would like to see in the library!

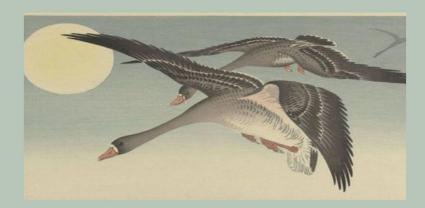
Please complete this google form with your child. The form will close on March 3rd.

https://forms.gle/7rz9AbWW8GJPN1 AV7

## New Moon Information

Niskipîsim-

Goose Moon 🧖 Pronounced: Niss-Gee-PEE-SIM



The Goose Moon is a very exciting moon! As we welcome this new moon we can celebrate that the days are getting longer and we have more time with the sun. We also notice that the plants and trees are starting to wake up, new growth begins to appear. We also hear the familiar honking sound from the sky and we welcome the geese that are returning. When we see this, we know that Spring is right around

the corner. In Cree, the word for spring is "sîkwan" which is pronounced see-gwan. One of my favorite things to do during this season is to plan my garden for the coming Summer. How do you and your family like to celebrate the return of Spring? What are some ways you can connect with the land during this season?

Created by: Indigenous School Counsellor Katie Holubowich

#### Redwater Concession Calendar

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
13	14	15 <b>Hot Lunch</b>	16 Fruit Smoothies	17 Pizza Friday \$2/slice
20 Fusion Restaurant Hot Lunch	21	22 Hot Lunch	23 Hot Lunch	24 Pizza Friday \$2/slice
27 Fusion Restaurant Hot Lunch	28	1 Hot Lunch	2 Fruit Smoothies	3 Pizza Friday \$2/slice





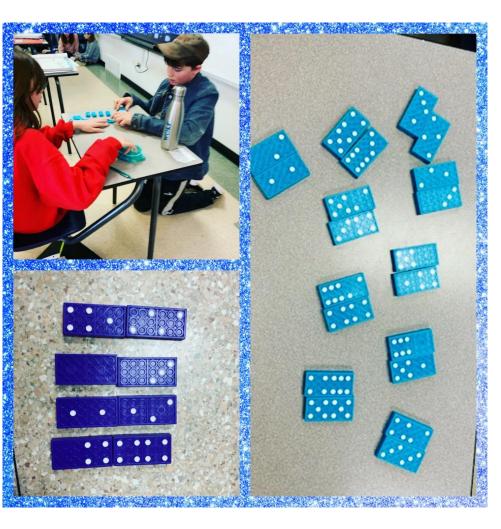




We are so proud to have these amazing students.

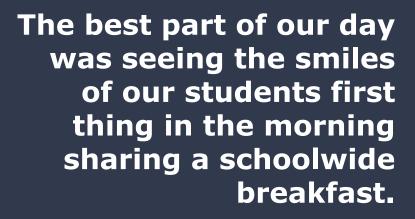
They represent Redwater School as part of the SPS student advisory committee.

> Having your voice is important to us!



The grade 6 student at Redwater School are demonstrating equality using dominos.





Big thanks to our Wellness Team!







**Today our Renegades** celebrated kindness and acceptance through wearing pink! We all took a moment during announcements to reflect on what it means to be kind and why we wear pink!

