



RENEGADE NEWS

Week of May 8 - May 12

A Message From Our Administration

Principal's message

This was a fantastic, and busy week with our students! We hosted our Junior High B team tournament on Tuesday and participated in Mental Health Day on Wednesday. On Thursday, the entire school joined in and helped clean our community! Some students helped decorate Tim Hortons smiling cookies, went to the Art Gallery for a field trip, enjoyed an Author visit and cleaned up the outdoor space. Tomorrow we are recognizing Red Dress Day. Whew! We have an amazing Team here at Redwater School.

Next week, we have two events on Thursday; Grade 6 immunizations, and Coffee with the Team! Although I am a fellow Sturgeon County resident, I am new to Redwater. I would love to meet the families of Redwater and get to know you. Please join me and some members of the team for donuts and coffee from 3:00-4:00, next Thursday, May 11th at the school.

Have a terrific weekend!

Ms. Filgate, Principal

What is happening next week... May 8- May 12

Monday, May 8th / Day 2

- **Mental Health Week!!**

Tuesday, May 9th / Day 1

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Wednesday, May 10th / Day 2

- **Happy Wednesday! ½ way to the weekend!**

Thursday, May 11th / Day 1

- **Grade 6 Immunizations - 12pm**
- **Coffee With Admin, 3pm - 4pm**

Friday, May 12th / Day 2

- **Have a great weekend!**
- **Jr. High Badminton Sturgeon Finals**
Saturday

What's coming up.... May 15- May 19

Monday, May 15th / Day 1

- **Gr. 9 ELA Part A PAT, 9am**
- **School Council Meeting, 5:30 pm**

Tuesday, May 16th / Day 2

- **High school band performance for elementary students, 12:30pm**

Wednesday, May 17th / Day 1

- **Gr. 6 ELA Part A PAT, 9am**

Thursday, May 18th / Day 2

- **90s Theme Day**
- **School Wide Breakfast**
- **Mental Health Morning**

Friday, May 19th

- **PD Day - No School**

2023 - 2024 Redwater School Registration

REGISTER NOW

Registration for the 2023-2024 school year is now open. Please log onto your parent portal account and complete the registration for each child, even if your child is a returning student. If you require assistance or a password reset for your parent portal account, please call the office @ 780-942-3625.



Grandfather Teachings (For May)

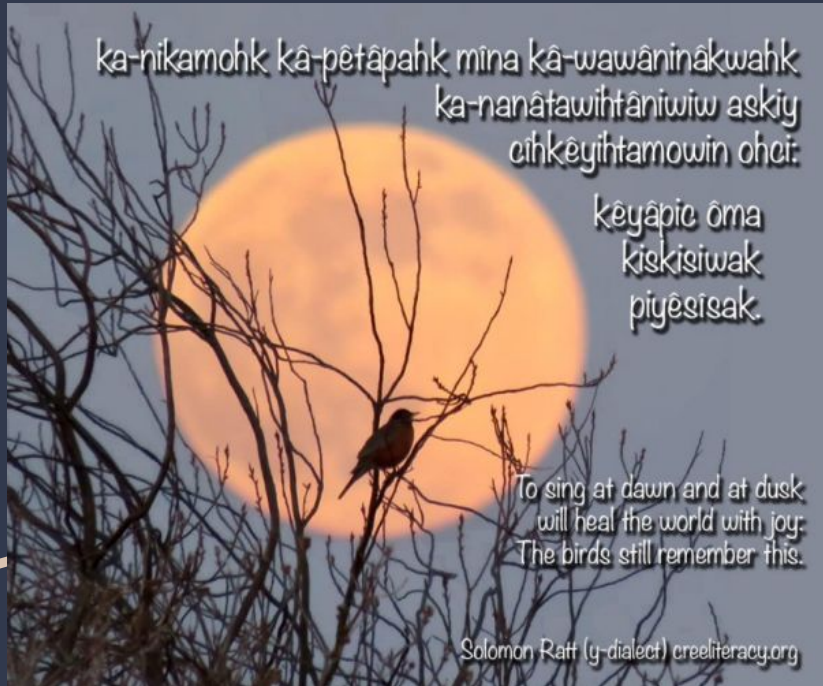
This month's Grandfather teaching is the teaching of **Courage**

The Bear teaches us courage. But Courage isn't just about facing up to bullies. It's about fighting the really hard battles - the ones inside. It takes courage to face painful memories and past hurts. It takes courage to seek the help we need to deal with our pain and hurt feelings. And it takes courage to use our pain to protect others from facing the same hurts.

This month, we are practicing courage, for each other and ourselves.



New Moon Information



It's May, and it's a new Moon in the Cree Calendar.

Because there are 13 lunar cycles in a solar year, there is a thirteenth "moon" that inserts itself into the year depending on what happens on the land. That thirteenth moon arrives at a different time each year, but some Elders in our area suggest that last month was actually a "Trickster Moon" or "Coyote Moon".

Last month we learned about ayîkipîsim (ay-EE-kee PEE-sim), the "Frog Moon". This month we are entering is sâkipakâwipîsim (SAH-gee-puh-guh-WEE PEE-sim), the "Leaf-Budding Moon." We're all looking forward to seeing more green around us soon. Happy May, and happy sâkipakâwipîsim! Hiy Hiy!

Words From The Wellness Hub



Five sense scavenger hunt

Most kids love a scavenger hunt, and this one is specifically designed to encourage mindfulness by engaging all the senses.

All you need to do is find a safe space outside for exploration. Here are the steps for kids to follow:

1. **Listen.** Name one thing that you hear when you listen with your ears.
2. **Look.** Name one thing that catches your attention when you look around.
3. **Smell.** Name a scent that you notice when you take a sniff with your nose.
4. **Touch.** Name an object that you enjoy feeling with your hands.

If you want to add in the sense of taste, simply supply a few kid-friendly snacks during the scavenger hunt.

**Please Join us to view
our High School Art
students work in the Jr.
category. Reach out to
Ms. Tanouye or
Miss Dirks for volunteer
opportunities.**



The Redwater Art Society is very excited to announce that Redwater will be hosting the "Northern Zone Art Show" of the Alberta Community Art Clubs Association May 13 & 14 at Pembina Place.



Pembina Place
4944 - 53 Street
Redwater, AB

May 13 - 1:30 pm to 9:00 pm
May 14 - 10:00 am to 3:00 pm

Free Parking
Free Admittance
Free draws and door prizes
Demonstrations and
workshops
Artisan gift market
Silent auction

For more information please go to: www.redwaterartsociety.ca

Questions can be emailed to: artsocietyredwater@gmail.com

FOOD BANK DONATIONS WELCOME



**Order your
Yearbook Now**

**ybpay.ca
ID code:
14457423**

\$45



Order Deadline: June 15

Yearbooks will be delivered in the fall of 2023

We have started a new positivity program at the school. It is called Above & Beyond! When students have actions and behaviours above and beyond their typical character, they are nominated by their teachers to win fun prizes and class pizza parties!



POSITIVE BEHAVIOURS

TEACHER NOMINATIONS

FUN PRIZES

CLASS PIZZA PARTIES

**DRAWS
EVERY FRIDAY**

Fun Family Literacy Activities

Literacy In The Kitchen

The kitchen is a great place to enhance literacy as the space draws us together for meals, conversations, food preparation, and much more. Getting your child to read and think critically to make informed decisions is an important life skill, and the kitchen offers numerous opportunities. Here are some things you can do:

- Have your child find a recipe and read it to you as you cook.
- Spend time together planning meals, finding recipes, and researching nutrition and health benefits of foods.
- Using the Internet to read about different types of cultural celebrations and traditional foods.

Keeping Your Child Safe Online



Keep Your Child Safe Online

A parent information session focusing on social media and helping parents and guardians understand the dangers, risks, and consequences of their child going online and how they can safely use the internet.

**Northern Alberta
Internet Child Exploitation Unit (ICE)
EPS & RCMP**

Hosted by Namao School
& Namao School Council

JOIN US ON MARCH 8TH AT 6PM

Namao School Gym

All Namao School parents, guardians, and
surrounding community members welcome.

The Lunch Basket MONTH: MAY 2023

MONDAY	1	TUESDAY	2	WEDNESDAY	3	THURSDAY	4	FRIDAY	5
		Bacon Cheeseburger Tater Tot Bake \$5.00							
MONDAY	8	TUESDAY	9	WEDNESDAY	10	THURSDAY	11	FRIDAY	12
		Beef Dip \$6.00		Walking Tacos \$6.00					
MONDAY	15	TUESDAY	16	WEDNESDAY	17	THURSDAY	18	FRIDAY	19
		Buffalo Chicken Wings \$5.00		Loaded Potato Skins \$4.00				PD DAY NO SCHOOL	
MONDAY	22	TUESDAY	23	WEDNESDAY	24	THURSDAY	25	FRIDAY	26
VICTORIA DAY NO SCHOOL		Burgers & Fries \$6.00		Walking Tacos \$6.00					
MONDAY	29	TUESDAY	30	WEDNESDAY	31				

**Redwater School Students
are busy helping to support
the Smile Cookie Campaign
by helping with decorating
the cookie smiles.**

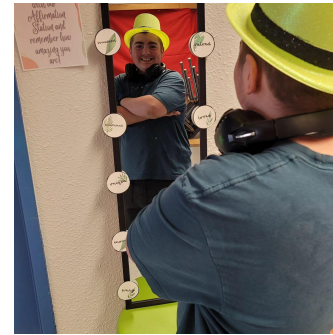
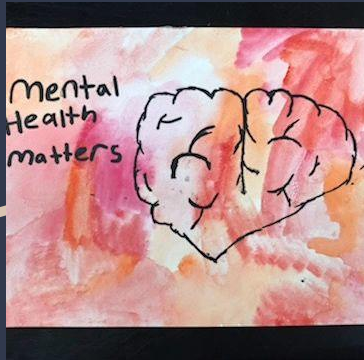
**All proceeds go to our
Wellness Hub.
Go to Tim Hortons to buy
your cookie today.**



**Mr. Sadownyk,
Mrs. VanDerHoek,
Mrs. Dowhaluk &
Mr. Larose**



Wednesday was a great day
@redwaterschool to celebrate
the importance of mental health
for #hatsonformentalhealth .
We had a visit from our school
trustee, student led
announcements, creative art
projects, interactive displays,
and many fashionable hats.
#renegadesreunite
#sturgeonpublicschools



**Congratulations to
Sienna for winning
Silver at the Jr High
Culinary Arts
Challenge at Skills
Canada Alberta
Provincials.**



The elementary music students are exploring rhythm and beat through alternative rock and drumming on buckets.

It is so amazing to hear the class come together in unison to make music.

